Looking to gain skills and volunteer experience while giving back to the UBC community? AMS Vice is currently seeking students with a diverse range of skills to join our team!

Vice is the latest addition to the AMS family of services available at UBC. This service aims to help students find their balance with alcohol, drugs, and technology by equipping students with the tools that they need. The three branches of these tools are, Educational Outreach, Workshops and Group Sessions, and a Mentorship program. *If you’re interested in becoming a volunteer with Vice, please see below to find more information on each of the three areas that you could be involved with.*

**Educational Outreach:**

This branch of Vice will focus on running campaigns to provide students with accurate information about alcohol, drugs, and technology, and to provide statistics that challenge stereotypical perceptions around college substance use. These campaigns include eye-catching posters, engaging boothing activities, and the creation of online resources. All volunteers will likely have some role in shaping outreach.

**Assets in Educational Outreach include:**

- Experience in outreach, branding, messaging, social media management, public relations, or education.
- Familiarity with student life, needs, and issues.
- Ability to connect with student organizations
- Research skills

**Workshops and Group Sessions:**

Workshops and groups give students a chance to dive deeper into the issues which affect their lives through honest and open dialogue, skill-building, resource sharing, and peer support. These sessions are unique and interactive by nature, leaving lots of room for Vice volunteers to design, build, and execute a richer intervention with the students they serve.

**Assets in this area include:**

- Comfort with public speaking and group management
- Identification of conflicts as they arise, and de-escalation
- Ability to adapt to group dynamics
- Active listening and reflection
- Ability to stimulate conversation without dominating conversations
- Experience with event planning and execution

**Mentorship:**

Vice will also be offering one-on-one support to students through its mentorship program. Volunteers in the program will work with students individually to develop goals, strategies, and plans to reduce harmful usage or dependency. Each mentor will be connected with a student for one month, and during that time they will be expected to assess current usage, identify problematic behaviours and situations, and map out the path to safe usage. This does not necessarily entail abstinence. To this end, mentors will be sharing information, connecting students with resources, and (most importantly) offering empathetic and continuous peer support to achieve student goals.

**Assets in mentorship include:**

- Experience with active listening and peer support
- Comfort with difficult conversations
- Excellent interpersonal skills, including warmth and empathic responding
- Ability to remain in peer role, and facilitate empowerment, rather than attempt to diagnose, pathologize, or administer therapy.
- Non-judgemental and anti-stigma orientation towards substances and addiction.

Successful applicants will be responsible, reliable, respectful, and passionate about helping others; have excellent judgement and interpersonal skills; and be comfortable working in groups or autonomously. Confidentiality and accountability will also be expected at all times.

Due to the breadth of this program, we are looking to build a team with a diverse skill set, including peer support, event planning, social media outreach, research, public speaking, and graphic design. Opportunities to lead a team or project are available to interested applicants.

Vice aims to empower our volunteers, so they can empower our students. Ongoing training has been planned, covering topics of drug literacy, mechanisms of addiction, suicide risk identification,
basic principles of motivational interviewing, and harm reduction. Volunteer orientation and training sessions are scheduled for September 15th through 17th.

Personal experience with alcohol, substance, or technology use is not required, but can be used as a source of expertise.

Questions can be directed towards Alex Dauncey, Vice’s Volunteer Coordinator, at Vice@ams.ubc.ca. Alex can also be reached at his office phone (604 827-1728) or in person (NEST 3107) most weekday afternoons.

**Interested students can apply at the following link:** [https://goo.gl/forms/r9Ss08QIFuLiZ7nl3](https://goo.gl/forms/r9Ss08QIFuLiZ7nl3)

**Please apply by August 10th. Earlier applications will receive earlier interviews.**

Although not a formal requirement, we recommend that applicants supplement their application by sending a resume with references to Vice@ams.ubc.ca