Blue Chip Bagels

- Plain
- Italian Cheese
- Jalapeño & Cheddar
- Sundried Tomato
- Sesame
- Multi-grain

Freshly Baked Every Morning!

with Butter $1.95  with Cream Cheese $3.75

Wraps & Sandwiches

AMS Wrap
Scrambled egg, cheese in a flour tortilla w/ your choice of Bacon or Salsa
$4.25

Smoked Salmon
Open faced bagel w/ cream cheese, smoked salmon, capers & red onion relish
$7.25

Tuna Salad
Choice of bagel w/ tuna salad, tomato, cucumber & mixed greens
$6.75

Tuna Melt
Choice of bagel w/ tuna, green onion, celery & mozzarella
$6.75

Ham & Cheese Croissant
Black forest ham & swiss cheese
$6.75

Turkey & Brie
Cranberry loaf w/ sliced turkey & brie cheese w/ chipotle mayo
$6.75

Chicken Salad & Goat Cheese
Multi-grain loaf w/ house made chicken salad mixed w/ goat cheese
$6.75

Peanut Butter & Jelly
Creamy peanut butter & jelly on white bread
$3.00

All Made Fresh Daily

Pastries & Snacks

Fruit Cup
Mixed seasonal fruits made daily
$2.50

Parfait Yogurt
Organic yogurt topped w/ granola
$3.75

Morning Glory Muffin
Carrot, raisin & walnuts
$1.95

Banana Chocolate Muffin
Banana & dark chocolate chips
$1.95

Apple & Oats Muffin
Apple & oats blended perfectly
$1.95

Blueberry Muffin
Just berries, berries, & berries
$1.95

Croissants
Chocolate + $ 0.50
$2.50

Scones
Choice of Cheddar & Chive or Blueberry
$2.25

Cinnamon Bun
$3.50

Apple & Mixed Berry Bun
$3.00

Banana Loaf (VG)
$2.50

Apple Cake
$3.00

Tomato Focaccia
$2.75

Quinoa Brownie (GF)
$3.00

Oat Fudge Bar
$3.00

Lemon Matcha Loaf
$3.00

Fresh Cookies Baked In House

BLUE CHIP COOKIES
$1.95 – $2.50 All Day

A Cookie for every Craving

- Chunky
- Marbelous
- Brazil Nut
- Smartie
- Cranberry
- Ranger
- Vegan (VG)
- Java
- Walnut & Coffee
Coffee

**Drip Coffee**
100% Organic & fair-traded  
$2.00  
L $2.50

**Latte**
2 Shots & double the milk  
$3.60  
L $4.25

**Cappuccino**
Steamed, frothed milk & espresso  
$3.60  
L $4.25

**Mocha**
Steamed milk w/ a chocolate  
$4.05  
L $4.75

**Espresso**
Steam extracted, rich and intense  
(SGL) $1.80  
(DBL) $2.75

**Americano**
Espresso + hot water  
(SGL) $2.00  
(DBL) $2.50

**Espresso Macchiato**
Double shot w/ a dollop of froth  
(DBL) $3.05

**Add Flavor**
Vanilla, Caramel, Hazelnut, Peppermint  
$0.50 ea

**Add Soy / Almond Milk**
$0.70

**Extra Espresso Shot**
$0.80 ea

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Specialty Drinks

**London Fog**
Brewed tea frothed milk  
L $3.25

**Chai Latte**
Black tea with herbs and frothed milk  
$3.95  
L $4.50

**Matcha Latte**
Green tea, sweetener & frothed milk  
$3.95  
L $4.75

**Hot Chocolate**
Chocolate syrup with steamed milk  
$3.25  
L $3.75

**Steamed Milk**
$2.55  
L $2.85

**Soy / Almond Milk**
Steamed to perfection  
$2.95

**Voodoo**
4 Shots of espresso topped w/ condensed milk  
L $5.50

**Iced Latte**
$3.60  
L $4.25

**Iced Mocha**
$3.60  
L $4.25

**Iced Americano**
$2.75

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Frappe's

**Latte**
$4.75

**Caramel Latte**
$4.75

**Mocha**
$4.75

**Chai**
$4.75

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Combo Special
12oz drip coffee or tea, with muffin or buttered bagel $3.80

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Teas

100% Organic  |  Fair-Traded  |  $2.00 Per Cup (any size)

**Earl Grey**
Assam Indian black tea with natural Bergamot for legendary tea flavor

**Tropical Green**
Traditional sencha leaves infused with tropical flavors for a refreshing melon-berry taste

**Assam Breakfast**
Multi-layered “malty” flavor with a lovely amber color

**Mountain High Chai**
High quality black tea blended with whole pure spices such as cinnamon, cloves & orange

**Chamomile**
T100% chamomile flower yield a rich apple scent with honey notes and lemon

**Peppermint**
Large cut pure peppermint leaves that are both crisp and buttery smooth

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Please let us know of any food allergies.
Bring your own cup & save $0.15
Buy a reusable AMS mug for $19.25 and get four (4) free 12oz drip coffee