VICE

Peer Support for Alcohol and Drug Abuse
Brady Caipa
Current Support on campus

http://www.hr.ubc.ca/benefits/efap/services-addiction-resources/

• This is the only resource for students on campus currently.
• It does give a lot of information.
• But it also shows that UBC and AMS has nothing in terms of support for its students since all of the services are off of campus.
Problems with Alcohol Anonymous

• Is not student oriented. Students have specific needs that people at A.A/N.A. do not necessarily understand.

• The 12 step program is not everyone's path and is religious in nature.

• A.A. and N.A. tend to be heteronormative and cis-gendered in nature meaning students who do not align with this lifestyle can feel unsafe/be triggered in these meetings.
VICE Structure

- Immediate Support and Information
- Peer Meetings
- Community Outreach and Education
Immediate Support Service

• This would be for any student who would like information on addiction or where to seek professional help.
• There would be an office in A.M.S. services where students can obtain this information.
Peer Meetings

• For any student who believes they might have a problem and wish to seek a community and support network when it comes to their vice.
• It would be an inclusive and safe space for everyone.
• In the future hopefully even had meetings for students who have a loved one or friend and are seeking a community of peers who understand.
Community Outreach and Engagement

• Give the community more information about addictions and vices.
• Projects that help and support students who do have these problems.
• Create and maintain relationship with Student Housing/Clubs/Student Societies/Longhouse.
• Reach out to departments/Profs who are doing studies on addictions.
Current Structure

- VICE Manager (Student Staff)
  - Information Coordinator (Student Volunteer)
  - Peer Meetings Coordinator (Student Volunteer)
  - Community Engagement Coordinator (Student Volunteer)
Contact Information

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• Call, Text, or E-mail for more information or if you would like a meeting to learn more about VICE.